# Raymond Terrace Athletics Centre Newsletter 6 October 21, 2023

#### www.raymondterraceathletics.com.au Cancellation No: 4983 1407 and RTAC facebook page

# TODAY IS WEEK 6 PROGRAM

It's our first full rotation of all events!

### **HEAT WARNING TODAY**

With today's predicted heat, please ensure you and your athletes use the sunscreen on the table, wear a hat and stay hydrated.

# **ROUND 1 CENTRE CHAMPIONSHIPS NEXT SATURDAY**

There are no 8am or 8:15am events. The event list is on the noticeboard.

Athletes will be awarded points for their results. The faster their time and the longest their throw or jump, the more points you will score. Round 2 will be after our Christmas break, on a date is to be confirmed. The highest total points determine the RTAC champions in each age grouping at Presentation Day after the end of the season.

#### BOTH ZONE COMBINED EVENT AND ZONE CHAMPIONSHIPS ENTRIES CLOSE NEXT SATURDAY

They are for U7 to U17 athletes. Both programs are on the noticeboard. For both, you need to see Barbara to enter.

# ZONE COMBINED EVENT ON SUNDAY 5<sup>TH</sup> NOVEMBER

To be held at **Federal Park, Boscawen St, Wallsend.** Entry fee is \$10 per athlete or a maximum of \$25 per family. **Points are awarded for all of your event results to determine overall placegetters.** 

# COLES COMMUNITY ROUND 18 NOVEMBER - DRESS IN RED

# ZONE CHAMPIONSHIPS 25<sup>TH</sup> AND 26<sup>TH</sup> NOVEMBER

To be held this year at the Fearnley Dawes Track, 120 Smith St Newcastle West. There is no Centre Meet on the 25<sup>th</sup>.

These Championships are held annually and we compete against the other 8 Centres in our Zone. U7 to U12 athletes choose their favourite 4 events and U13 to U17 choose 6 events. U7 athletes do not progress past the Zone Championships, but if they place in a final, will be awarded medals. U8 to U17 athletes who place in a final will progress to the Regional Championships at Glendale.

If you can only compete on 1 of the days, just choose events for that day. It is a Zone requirement that **Parents will be rostered for 1 duty per competing athlete. A refundable deposit of \$50 per athlete** (maximum \$100) must be paid with your entry. This deposit will be refunded if the rostered duty is done. If a duty is not done, the deposit will be paid to the parent who, having already done their duty, does the additional duty.

#### **UPCOMING EVENTS:**

Sat 28 Oct	Round 1 Centre Championships
Sat 28 Oct	Entries close Port Hunter Zone Combined Event
Sat 28 Oct	Entries close Port Hunter Zone Championships
Sat 4 Nov	Centre Meet
Sun 5 Nov	Zone Combined Event - Federal Park, Boscawen St, Wallsend
Sat 11 Nov	Centre Meet
Sat 18 Nov	Centre Meet / Coles Community Round
Sat 25 Nov	No Centre Meet
Sat 25-Sun 26	Zone Championships - Fearnley Dawes Track, 120 Smith St, Newcastle West.